Yellow Cake
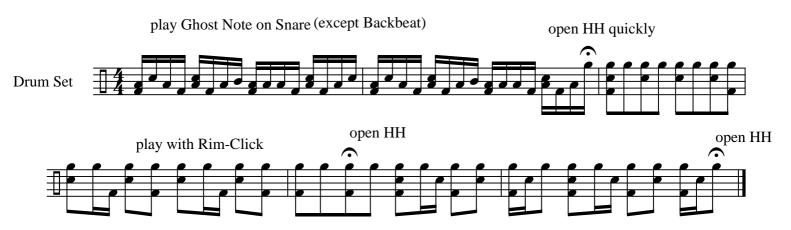
each Groove example consists of two bars

repeat each example two times, then move on to the next